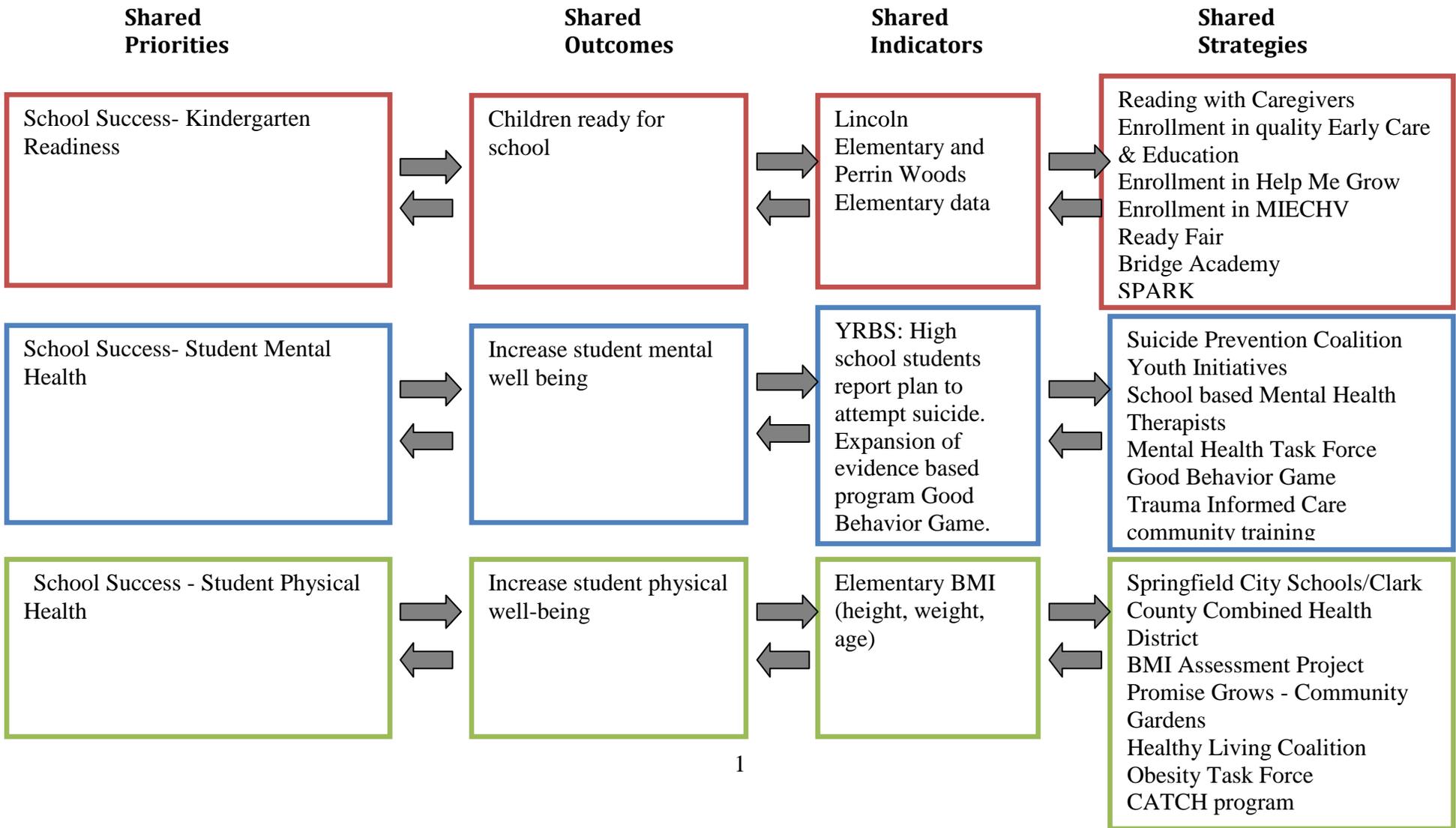


# Clark County Family and Children First Council Shared Plan for SFYs 12-16

## Shared Plan Update for SFY 16

**Current FCFC Initiatives:** Help Me Grow Part C; Help Me Grow Central Coordination; Ohio Children's Trust Fund; Family Centered Services and Supports; FCFC Service Coordination; System of Care for Multi-Need Children (Placements, Wraparound, Day Treatment, IHBT, MH Assessments); Independent Living Transitions; Community Health Improvement Plan, Trauma Informed Care



**Were there any modifications from last year's plan? Yes  No**

**If yes, please identify the types of changes made by checking the appropriate boxes below:**

Priorities

Outcomes

Indicators

Strategies

1. Identify any barriers in implementing the plan (i.e. data collection, data tracking, funding, infrastructure, etc.)

School success- Kindergarten readiness, KRA-L data is no longer used and was replaced by data at Lincoln Elementary. Our community has progressed in targeting another at risk Elementary, Perrin Woods. The current data for 2014-2015 was not available at the time of this report. This is a disappointment because so many additional supports were put in place for both of these attendance areas to support readiness efforts. This report doesn't allow us to capture if those additional supports proved fruitful.

One final barrier, the Youth Risk Behavior Survey - is only conducted every two years. The Health District who facilitates this survey also changed their timing of gathering data this year at the request of school officials. Normally the survey is conducted in the Spring and this year, they requested to facilitate it in the Fall. We review this report for Mental Health and Physical Health.

2. Identify any successes/how implementing this plan has worked to strengthen the council and county collaboration.

The Community Health Improvement Plan (CHIP), Clark County has identified five areas of concern for overall health of our community. Many taskforces and committees have been created to address the top focus areas: Improving Mental Health, Preventing Substance Abuse, Preventing Obesity, Chronic Disease, and Healthy Births/Healthy Sexuality.

Student Mental Health and Student Physical Health - there has been progress at the High School level and prevention work has been implemented at the Elementary level.

**Report on Indicator Data** (Provide data for each outcome indicator listed on the Shared Plan. List only ONE outcome per page. This page can be duplicated as needed).

Shared Outcome: Children are ready for school.

Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
Band 2 & Band 3 Lincoln Elementary	Data: 44% & 15% Year of Data: 2012	Data: 41% & 3% Year of Data: 2013	The data indicates that the targeted instruction level remained constant while the enriched instruction level decreased.
Band 2 & Band 3 Perrin Woods Elementary	Data: 36% & 20% Year of Data: 2012	Data: 39% & 15% Year of Data: 2013	The data indicates that the targeted instruction level improved while the enriched instruction level decreased slightly.
Enrollment and completion rates for SPARK	Data: 33 enrolled with 22 completing program. Year of Data: 2014	Data: Year of Data: same	The original goals for this program were to identify 25 families per school to participate in the SPARK program. For the pilot year - 33

			<p>families enrolled between the two school attendance areas and 22 families completed the program. With more familiarity of the program and promotion, it is anticipated that enrollment and completion rates will improve.</p>
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3. List the data source(s) for the indicator(s):

Ohio Department of Education and Springfield City School District  
 % of students scoring in Band 2 (Assess for Targeted Instruction/Ready) & Band 3 (Assess for Enriched Instruction/Ready)

4. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

County level KRA-L data has now been replaced with data for Lincoln Elementary and Perrin Woods Elementary in the Springfield City School District.

FCFC is a supporting partner for Promise Neighborhood and is represented on the advisory council. Promise is a school reform/ community development project focused on Lincoln Elementary and the school attendance area. School readiness strategies are: place-based, resident-led, and asset based. Strategies include: home linkages, community linkages, parent education, health and sustainability. Many of these strategies have been replicated in the Perrin Woods Elementary attendance area: Perrin Promise Learning Center provides 15 extra hours of learning time each week for 3rd-6th grade students. They also work to build family and community support through initiatives such as the Family Cafe, Community Advocate Team, and the SPARK school readiness program.

Clark County Combined Health District's Maternal, Infant and Early Childhood Home Visiting Program (Healthy Family America) services focus on families in both of these low achieving areas.

Springfield City School District plans and presents a county-wide Ready Fair in May of each year for incoming families. This event allows families to register their children for Kindergarten accepting all necessary documents and paperwork. It offers a tour of the building, introduction to staff, and an opportunity to ask questions. It has been very helpful over the last several years.

Miami Valley Child Development Centers, Inc. (Head Start) has begun use of child progress reports based on kindergarten readiness attributes. During the summer of 2015 Miami Valley will partner again with Springfield City Schools for its Kindergarten Readiness Bridge Academy focused on families with children who will attend Lincoln Elementary School.

Clark County implemented the SPARK program this school year. This program focuses on getting children ready for school and working closely with families and schools to ensure smooth transitions. This program works with a home visitation model with parent partners focusing on literacy. The target enrollment was 25 participants (4 year olds) for each neighborhood - Lincoln Elementary and Perrin Woods Elementary.

Report on Indicator Data (Provide data for each outcome indicator listed on the Shared Plan. List only ONE outcome per page. This page can be duplicated as needed).

Shared Outcome: Increase Student Mental Well Being

Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
% of high school students reporting to plan to attempt suicide in the past 12 months as reported on Youth Risk Behavior Survey	Data: 12.9% Year of Data: 2009	Data: 17.0% Year of Data: 2013	This indicates a negative direction of change with increase of self-reports to plan suicide.
# of teachers & school staff trained in the Good Behavior Game- a prevention model promoting self- regulation	Data: 39 teachers trained in 2014-2015 school year on PAX-Good Behavior Game.	Data: same Year of Data:	
	Data:	Data: Year of Data:	

List the data source(s) for the indicator(s):

Youth Risk Behavior Survey conducted by Clark County Combined Health District in all city and county public high schools YRBS first conducted during 4th quarter 2008-2009 academic year and is repeated every two years.

Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

Clark County students compare negatively to students in Ohio and in the nation.

Suicide Prevention Coalition has undertaken many youth initiatives in efforts to reduce this finding. The Coalition shares the YRBS data, provides gatekeeper trainings throughout the community, sponsors Mental Health First Aid trainings for school staff and students, provides additional school staff and student trainings, production of public service announcements, training for youth in detention, formation of bullying workgroups, and participation in Peer Helper training of trainers.

Springfield City School District has designed a Learning Café for middle and high school students and their families to provide both academic and social/emotional health promotion intervention services.

Mental Health Recovery Board has offered funding and grant awards have supported the expansion of the Good Behavior Game in several elementary schools. This program teaches students how to work toward valued goals, and teaches them how to cooperate with each other to reach those goals. Students learn how to self-regulate during both learning and fun. Students learn how to delay gratification for a bigger goal. The game protects students against lifetime mental, emotional, behavioral, and related physical illnesses for their futures. In Clark County, Wellspring has/will train 26 teachers by the end of June, 2015 on PAX Good Behavior Game. This represents 4 new schools. Another training will take place mid- August and will include an entire school. 50 total classrooms to the existing 13 that have used this model for the last several years at Lincoln Elementary.

Clark County has continued training for all direct provider staff, juvenile court staff, educational staff and social service providers to gain a better understanding of Trauma Informed Care principles. Experienced and trained therapists have provided audience specific training and coaching sessions to providers in the community working with children who have experience trauma or are at risk for trauma. Efforts continue to bring national speakers to our region to further educate/train our providers on this topic.

Report on Indicator Data (Provide data for each outcome indicator listed on the Shared Plan. List only ONE outcome per page. This page can be duplicated as needed).

Shared Outcome: Increase student physical well- being.

Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
<p>% of HS students who are overweight or obese as measured by Body Mass Index calculated through self-report of height, weight, and age on Youth Risk Behavior Survey</p>	<p>Data: 33.0% Year of Data: 2009</p>	<p>Data: 37% Year of Data: 2013</p>	<p>Although the most recent data from 2013 indicates and increase in % from the baseline data of 2009, the % has actually decreased since 2011 (39%).</p>
<p>% of elementary students who are overweight or obese as measured by Body Mass Index calculated through self-report of height, weight and age through evaluations with public health nurse.</p>	<p>Data: 47% Year of Data: 2010</p>	<p>Data: 43% Year of Data: 2014</p>	<p>The % of elementary aged school children considered overweight or obese has continuously decreased over the last five years.</p>
	<p>Data:</p>	<p>Data: Year of Data:</p>	

List the data source(s) for the indicator(s):

Youth Risk Behavior Survey conducted by Clark County Combined Health District in all city and county public high schools YRBS first conducted during 4th quarter 2008-2009 academic year and repeated every two years.

Elementary student data is collected by Clark County Combined Health District as well with the help of Public Nurse.

Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

Clark County students compare unfavorably to students in Ohio and in the nation.

Springfield City Schools, the Health District, Excel Sports Medicine, Central State University and other partners continue to work towards goals of Healthy Students - Healthy Community. This project uses BMI to indicate level of need, during implementation of various programs addressing fitness, including physical activity in classrooms and fruit/vegetable program through food services. This group also looks at correlation between student's BMI and OAA scores.

Healthy Living Coalition is a collaboration between local organizations who work together to promote and deliver health programs about nutrition, fitness and weight control. This Coalition meets every other month to discuss health related events to network resources.

The Obesity Task Force continues with its goals to change school culture to impact child and family wellness by increasing knowledge about healthy food and exercise choices by modifying systems and programs that can aid such choices in the school. The strategy continues through the CATCH program at Perrin Woods Elementary and Fulton Elementary. This program included 65-70 students. Each week a physical activity game, challenge or set of activities was completed for an entire hour. Healthy nutrition games or activities along with a healthy snack occurred weekly. Such topics as sugar in drinks, fruits and vegetables and how to include them in their diet, water intake and daily movement were all components of the curriculum.

At Lincoln Elementary, another at-risk impoverished attendance area, efforts continue with multiple community gardens. Promise Neighborhood has community volunteers oversee the seven gardens including one at the school and several other sites throughout their attendance area. Students join in with volunteers to receive experiential learning from positive adults, high school students also gain agricultural work experience. All school families participate in Farm Day where local farmers and 4-H staff educate inner city kids on various aspects of farm life and livestock. A new award from the USDA - Farm to School Planning Grant, will fund Promise Grows. This initiative will contribute to a more economically stable, academically strong, physically healthier and food secure community. This will help develop project based learning opportunities that use agriculture to augment classroom instruction in ways that connect Common Core standards in 3 impoverished schools: Lincoln Elementary, Perrin Woods Elementary and Hayward Middle School. They hope to expose urban youth to agriculture through field trips and educational programming, thereby increasing their knowledge of food and nutrition.